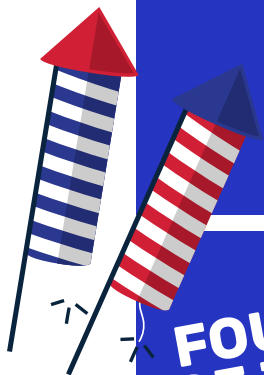




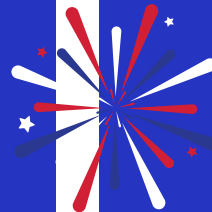
BOYS & GIRLS CLUB
OF MOULTRIE / COLQUITT COUNTY

JULY BREAKFAST MENU

**HERE'S TO
AS SUPER
SUMMER!**



**FOURTH
OF JULY!**



7/1/22

Cinnamon Chex Cereal,
WG Chocolate Chip
Muffin, Diced Pears,
Milk

7/5/22

Grilled Cheese Sandwich,
Diced Pineapples, Milk

7/6/22

WG Cinnamon Toast
Crunch Cereal,
WG Blueberry Muffin,
Mandarin Oranges, Milk

7/7/22

Sausage Biscuit w/
Syrup, Tater Tots,
Diced Pears, Milk

7/8/22

Cinnamon Chex Cereal,
WG Banana Muffin,
Applesauce, Milk

7/11/22

WG Chicken w/
Biscuit & Jelly,
Applesauce, Milk

7/12/22

WG French Toast Sticks
w/Syrup, Diced Peaches,
Milk

7/13/22

WG Breakfast Pizza,
Diced Pears, Milk

7/14/22

Cheerios, WG
Chocolate Chip
Muffin, Diced Pineap-
ples, Milk

7/15/22

Sausage Gravy & Biscuit,
Mandarin Oranges, Milk

7/18/22

Pancake Bites w/
Syrup, Peanut Butter
Cup, Milk

7/19/22

Cinnamon Toast Crunch
Cereal, WG Blueberry
Muffin, Applesauce, Milk

7/20/22

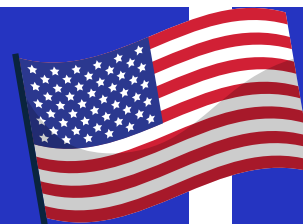
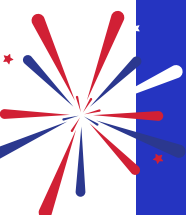
Sausage Pattie & Grits,
Toast w/Jelly,
Pineapples, Milk

7/21/22

Grilled Cheese
Sandwich, Tropical
Fruit, Milk

7/22/22

Sausage Biscuit w/Syrup
Diced Peaches, Milk



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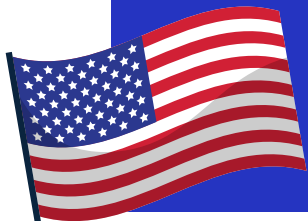
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BOYS & GIRLS CLUB
OF MOULTRIE / COLQUITT COUNTY

JULY SNACK MENU

**HERE'S TO
AS SUPER
SUMMER!**



**FOURTH
OF JULY!**

7/1/22

Cinnamon Chex Cereal,
WG Chocolate Chip
Muffin, Diced Pears,
Milk

7/5/22

Grilled Cheese Sandwich,
Diced Pineapples, Milk

7/6/22

WG Cinnamon Toast
Crunch Cereal,
WG Blueberry Muffin,
Mandarin Oranges, Milk

7/7/22

Sausage Biscuit w/
Syrup, Tater Tots,
Diced Pears, Milk

7/8/22

Cinnamon Chex Cereal,
WG Banana Muffin,
Applesauce, Milk

7/11/22

WG Chicken w/
Biscuit & Jelly,
Applesauce, Milk

7/12/22

WG French Toast Sticks
w/Syrup, Diced Peaches,
Milk

7/13/22

WG Breakfast Pizza,
Diced Pears, Milk

7/14/22

Cheerios, WG
Chocolate Chip
Muffin, Diced
Pineapples, Milk

7/15/22

Sausage Gravy & Biscuit,
Mandarin Oranges, Milk

7/18/22

Pancake Bites w/
Syrup, Peanut Butter
Cup, Milk

7/19/22

Cinnamon Toast Crunch
Cereal, WG Blueberry
Muffin, Applesauce, Milk

7/20/22

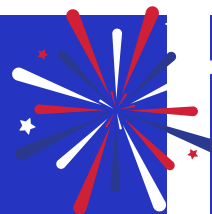
Sausage Pattie & Grits,
Toast w/Jelly,
Pineapples, Milk

7/21/22

Grilled Cheese
Sandwich, Tropical
Fruit, Milk

7/22/22

Sausage Biscuit w/Syrup
Diced Peaches, Milk



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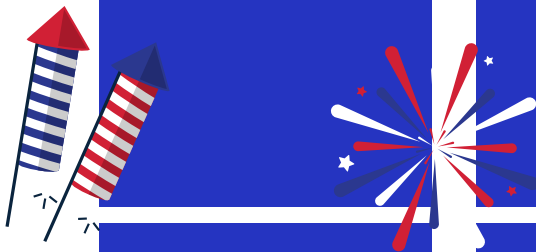
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BOYS & GIRLS CLUB
OF MOULTRIE / COLQUITT COUNTY

JULY LUNCH MENU

HERE'S TO AS SUPER SUMMER!



FOURTH OF JULY!

7/5/22

Cheeseburger w/Bun,
Mixed Veggies,
Diced Pineapples, Milk

7/6/22

Sausage Link w/Bun,
Baked Beans,
Mandarin Oranges, Milk

7/7/22

Turkey/Cheese
Sandwich, Celery Spear
w/Ranch, Tropical
Fruit, Milk

7/1/22

WG Pepperoni Pizza, Roll,
Corn, Diced Pears, Milk

7/8/22

Corn Dog, French Fries,
Roll, Applesauce, Milk

7/11/22

Ham/Cheese Sandwich,
Pickle Spears,
Fresh Apples, Milk

7/12/22

Spaghetti O's, Roll, Green
Peas, Diced Pears, Milk

7/13/22

WG Chicken Sandwich,
Green Beans, Diced
Peaches, Milk

7/14/22

WG Pepperoni Pizza,
Roll, Mixed Veggies,
Diced Pineapples, Milk

7/15/22

Hotdog w/Bun, Baked
Beans, Mandarin
Oranges, Milk

7/18/22

WG Corndog, Roll,
Green Beans, Mixed
Fruit, Milk

7/19/22

Cheeseburger w/Bun,
Carrots w/Ranch,
Applesauce, Milk

7/20/22

Baked Spaghetti w/Beef,
Roll, Corn, Mandarin
Oranges, Milk

7/21/22

WG Chicken Sandwich,
Green Beans, Tropical
Fruit, Milk

7/22/22

PBJ Sandwich, Mixed
Veggies, Diced Peaches,
Milk



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